

Outcome Indicators

Once you have completed the Life Coaching chart, this form will assist you in further utilizing the I-CAN-DO coaching model and asks you to list outcomes that will confirm you have met your goal and ask you to decide the timeline for reaching your goal by selecting a date on the calendar.

Goal 1. _____

Describe precisely how you will know that your aim has been reached.

Outcome indicators:

Date you will achieve this goal: _____

Goal 2. _____

Describe precisely how you will know that your aim has been reached.

Outcome indicators:

Date you will achieve this goal: _____

Goal 3. _____

Describe precisely how you will know that your aim has been reached.

Outcome indicators:

Date you will achieve this goal: _____

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Goal 4. _____

Describe precisely how you will know that your aim has been reached.

Outcome indicators:

Date you will achieve this goal: _____

Goal 5. _____

Describe precisely how you will know that your aim has been reached.

Outcome indicators:

Date you will achieve this goal: _____

Goal 6. _____

Describe precisely how you will know that your aim has been reached.

Outcome indicators:

Date you will achieve this goal: _____